

FRIDAY

	AM						PM																	
	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30-10:30pm
SHOWCASE		PowerFlow		Pole Comedy		Lunch		Pole Masters			Low Flow			Men of Pole		Queer Pole		Stage Break		Doors for BGP	BGP			
FREE WORKSHOP or SEMINAR	Trap Yoga Workshop with Kira Porter		Comps Benefit Studios Seminar with Amy Guion, PSO	Grip Gripes Seminar with Kate E. Gaga	Flexibility Flow Workshop with Xpert		Lunch		Femme Fatale: Unleash Your Inner Vixen Workshop with Jade the Serpent		Building a Warm up Seminar with Samantha	Aural Fixation Seminar with Mel Hyde	Women's Self Defense Workshop with KB		When in Doubt Shimmy Workshop with Ziva		Stripper and Sexy Worker Panel Discussion moderated by Nia Burks of Butter+Filth							
POLE ROOM 1	Ashley Fox, Signature Tricks and Combos (All Levels)		Jamilla Deville, Split Attitude (Int)		Sammy Picone, 5 Element Spin Pole (All Levels)		Michelle Mynx, Striptastic Revolution! (All Levels)			Nicole the Pole, Inversions University (Int)			Ginja the Pole Ninja, Pole Like a Ninja: Signature Moves (Int-Adv)		Gemma Lux, Showgirly Swag™ (Int)									
POLE ROOM 2	Jordan Mazur, Advanced Tricks & Combos (Adv)		Alethea Austin, VAMP All Levels		Carly Child, Dynamic Static Sh*t (Int-Adv)		Jenyne Butterfly, Threading and Circulating POLE (Int-Adv)			Katie Cooper, By Hook or By Crook (Int/Adv)			Jordan Kensley, Basework (All Levels)		Natasha Wang, Flip, Drop and Roll (Int-Adv)									
POLE ROOM 3	Candace Cane, Splits 'n Sh*t (Int)		Estefania Jjimenez, Legs for Days (All Levels)		Brian Wolf, Xplosive Exotic Pole (Int-Adv)		Squeak Machine, Pop, Lock and Drop it (Int)			Yumiko Harris, Low Flow Glow (All Levels)			Anna Kia, Power and Finesse: Spin Technique and Flow (Int)		Ken Kao, Easy Can Look Hard (int)									
NON-POLE ROOM 1	Zippora, Primal Flex (All Levels)		Tia Jax, Erotic Chair Art (All Levels)		Carmine Black, Evocative (All Levels)		Sarah Jade, SLINK, Straddle, and Roll (All Levels)			Vertical Joes, 99 Ways to Twerk IN HEELS! (All Levels)			Annemarie Davies, F*\$ck the floor like never before. (All Levels)		Heather Williams, "Slick in Transit" (All Levels)									
NON-POLE ROOM 2	Sergia Louise Anderson, Heels Floorwork Accents for Performance (All Levels)		Elizabeth Blanchard, Functional Flexibility and Contortion (All Levels)		ACRO PT, Shoulder Savior (All Levels)		Annie Norris, Lap Dance (All Levels)			ACRO PT, Hips Don't Lie (All Levels)			Brittnai Pytlar, Release the Kraken (Beg-Int)		Marlo Fiskén, Floor Flow® (All Levels)									

Green = all levels or beginner Orange = intermediate, basic climbing and basic inversion Purple = advanced inversions and combinations

*NOTE: some workshops are a level range such as Intermediate-Advanced. Please read full descriptions in the schedule.

SATURDAY

	AM						PM																		
	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30			
SHOWCASE		Troupes and Groups			Youth	Lunch			Up and Coming Stars				Freestyle		Dangerous Curves		Contemporary/Artistic			Creepy					
FREE WORKSHOP or SEMINAR	Liquid Motion Certification Teaser Workshop		Mobility Seminar with Rad Roller	Body Positivity Seminar with Mina	Meditation/Yoga for Aerialists Workshop with Natalia		Lunch			Plus Size Poler Panel Discussion Moderated by Dangerous Curves				Bourbon Street Legal Seminar with Allie	Improve your Pointe Workshop with Marlene		Winning Competition Routine Seminar with Paige	Create Loyal AF clients Seminar with Joy	Queer Pole Panel Discussion Moderated by Dalton Rhodes and Kate E. Gaga						
POLE ROOM 1	Crystal Belcher, Magic in the Mistakes (Int)			Roz the Diva, Inverting 101 (All Levels)		Nadia Sharif, Inversion Submersion (All Levels)			Sammy Picone, Seamless (Int)				Bendy Kate, Airborne (Int-Adv)		Natasha Wang, POC Lab: Creative Grips and Contact Points (Int-Adv)			Heidi Coker, Drills for Dayzz (All Levels)							
POLE ROOM 2	Shane Godliman, Flip Out of Your Fear (Int)			Jenyne Butterfly, Ascend & Extend POLE (Adv)		Nicole the Pole, Handspring, Iron X & Phoenix Whisperer (Int-Adv)			Ken Kao, Intro to Pole Acrobatics (All Levels)				Jax Spencer, Back to Basics (Beg)		Shay Williamson, The Devil Wears Pleasers (All Levels)			Carmine Black, Slankology (All Levels)							
POLE ROOM 3	Wendy Lee, Sky High SPLITS (Int-Adv)			Bentley Rebel, Rebel Exotic (All Levels)		Marlo Fiskien, Swirl Express (All Levels)			Leesi L'Ru, PoleSilks / FabPole New Moves 2020 (Int-Adv)				Anna Kia, Pussy Power: Acro Floor Flow (Int)		Carly Child, Acrobatic Basework and Transitions (All Levels)			Jeni Janover of Liquid Motion, Liquid Motion on the Pole (Int)							
NON-POLE ROOM 1	ACRO PT, Fix Your Wrists (All Levels)			Nia Burks, Making the Abject Sexy (All Levels)		Sarah Jade, Butterbooties – Twerk and Floor Routine (All Levels)			Flexibility Script, Recover (All Levels)				Michula "Mikey" Nunez, Electric Chair (Int)		Ashley Fox, Bendy and Flexy (All Levels)			Apollo Sa'Deek, Ghetto Stiletto (All Levels)		Black Girls Pole Meet Up Free! Just show up.					
NON-POLE ROOM 2	Leah Franklin, It Takes Two to Tango (All Levels)			Bendy Kate, Floor Bohemia (All Levels)		Samantha Star, INVERTable (All Levels)			Ms Vegas, Bridges and Hoes (All Levels)				Tracee Kafer, Finding Your Freestyle: Isolations (All Levels)		Nadia Sharif, Floor Magic (All Levels)			Bentley Rebel, Floor-gy (All Levels)							

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SHOWCASE		Experimental		Aerial			Thank you and Announcement of 2021 Location															
FREE WORKSHOP or SEMINAR	Amorous Chair Workshop with Tanya Christopher		Future Seminar with AMD	Race and Cultural Appropriation Panel Discussion Moderated by Black Girls Pole																		
POLE ROOM 1	HELD OPEN on purpose. Will be filled by a second instance of a workshop that sells out.			Brian Wolf, Wait was that Slutty (Int-Adv)			Carmine Black, Sensual Slink (All Levels)															
POLE ROOM 2	Stella Fink, Static Rotation FUNdies (Beg-Int)			Samantha Star, Fonjis for LIFE (Int-Adv)			Heidi Coker, Interesting Combos (Int-Adv)															
POLE ROOM 3	Shaina Cruea, Signature contemPOLEary FLOWS (Int)			Regina Marie, Spinny Goddess (All Levels)			Marlo Fisken, Rotations 2020 (Int)															
NON-POLE ROOM 1	Kerri Friedman, Not Just Sitting Pretty, an Acro Chair Experience All levels)			Jeni Janover of Liquid Motion, Take the Level Up Challenge: Floorwork (All Levels)			Jena Clough, Filthy Floorwork (All Levels)															
NON-POLE ROOM 2	Kinky Sweat, Flexy Haus Back and Shoulders (All Levels)			Kushina the Ninja, Creature Flow (All Levels)			Archer, H2O (All Levels) *1215pm															

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