

Friday	Pole Room 1	Pole Room 2	Pole Room 3	Non Pole Room	Non Pole Room 2
<b>9am</b>	Ken Kao "Intro to Pole Acrobatics" (All Levels)	Yumiko Harris "Low Flow Glow" (All Levels)	Heidi Coker, Floor to Pole Transitions (Int/Adv)	Sergia Louise Anderson "Salsa Ladies Styling" (All Levels)	Twisted Bodies, Acro Pops and Transitions (All Levels)
<b>1030am</b>	Stella Fink, "Liquid Static Rotations® " (All Levels)	Ashley Fox, Signature Tricks and Combos (All Levels)	Natasha Wang "Get Off the Floor" (Int-Adv)	Nia Burks, "Filth: Tip Rail" (All Levels)	Pink Puma, "Bendability" (All Levels)
<b>12pm</b>	Michelle Natoli "Pop It & Drop It" (Int-Adv)	Shania Cruera, "The Art of Spin Pole" (Int-Adv)	Karol Helms "All Things Handsprings and Aeyshas" (Int-Adv)	Heather Williams, "Butter: Spread" (All Levels)	Jordan Kensley "Succubus Training: Lap Dance" (All Levels)
<b>130pm</b>	Nicole the Pole "Handsprings & Iron X Whisperer" (Int-Adv)	Heidi Coker "Interesting Combos" (Int)	Phoenix Kazree "Fly Girl Workshop" (Int/Adv)	Rodney "Mr. Burlesque" James "MOJO 5678" (All Levels)	Flexibility Script "RELEASE: A Flexibility Script Workshop " (All Levels)
<b>3pm</b>	Sergia Louise Anderson "Pole Assisted Leaps, Jumps and Rolls" (All Levels)	Leah Franklin "Fly Like an Eagle" (Adv)	Vertical Joes, "Twerk on the Pole" (All Levels)	Lindsay Lithe "Metal Heels - Floorwork Style!" (All Levels)	Nadia Sharif "AcroDance" (All Levels)
<b>430pm</b>	Pink Puma, "Pole Combos" (Int-Adv)	Jeni Janover, Liquid Motion, "Face Down Ass Up" (Int)	Bendy Kate "Grounded" (All Levels)	Sarah Jade, "Slink, Straddle, and Roll" (All Levels)	Jai Lyles "P.A.D.M.E. - {Lotus Flower} Pole, Asana, Dance, Mobility & Essence" (All Levels)
<b>6pm</b>	Lindsay Lithe, "Spin Pole FLARE" (All Levels)	Magnus Labbe "Magnus' Secret Tricks and Combos" (Int-Adv)	Sergia Louise Anderson "Storytelling with the Pole" (All Levels)	Apollo Sa'Deek "Ghetto Stiletto" (All Levels)	Dr. Jen Crane of Cirque Physio "Save Your Shoulders" (All Levels)
<b>end 730pm</b>					

Green = all levels or beginner    Orange = intermediate, basic climbing and basic inversion    Purple = advanced inversions and combinations

*\*NOTE: some workshops are a level range such as Intermediate-Advanced. Please read full descriptions in the schedule.*

Saturday	Pole Room 1	Pole Room 2	Pole Room 3	Non Pole Room	Non Pole Room 2
<b>9am</b>	Bendy Kate "Pole Fiction" (All Levels)	Samantha Star, Fonjis fr Life (Adv)	Michelle Abruzzesse "Ride the Waves" (All Levels)	Sammy Wong "Floor as Apparatus: Contemporary Floorwork" (All Levels)	Alicia "KinkySweat" Archer "Flex Haus: Full Body" (All Levels)
<b>1030am</b>	Zoraya Judd "Shortcut to Awesome" (All Levels)	Heidi Coker "Poletastic Gymnastics" (Int-Adv)	Crystal Belcher, "Magic in the Mistakes" (Int)	Ashley Fox, Bendy and Flexy (All Levels)	Vertical Joes, 99 Ways to Twerk (All Levels)
<b>12pm</b>	Brian Wolf "Russian Exotic Pole/ Advanced Exotic" (Int-Adv)	Greta Pontarelli "Mastering the Deadlift" (Adv)	Elizabeth Carmine Black "Exotic Swag" (All Levels)	Suwasi, "TEASE BURLESQUE" (All Levels)	Dr. Jen Crane of Cirque Physio "Save Your Shoulders" (All Levels)
<b>130pm</b>	Tanya Christopher "Vertical Kidz" Ages 5-13	Natasha Wang "Just Wang It: Signature Pole Tricks Beg-Int" (Beg-Int)	Sarah Jade, "Bad to the Chrome" (All Levels)	Marlo Fisken, "Floor Flow®" (All Levels)	Dr. Jen Crane of Cirque Physio "Banish Your Back Pain" (All Levels)
<b>3pm</b>	Anna Kia "Trans-Ique 2.0: Low Flow" (All Levels)	Nadia Sharif "Urban Pole - Pole in Pants" (All Levels)	Phoenix Kazree "Signature Tricks, Transitions and Combs" (Int/Adv)	Brittnai Pytlar, "Releasing the Kraken: Stage Mounting and Floor F*ckery" (Beg-Int)	Samantha Star, INVERTable (All Levels)
<b>430pm</b>	Jordan Kensley "HO-reography" (All Levels)	Roz the Diva "Inverts and Climbs 101" (Beg-Int)	Jordan Mazur "Throwing Bows" (Int)	Jeni Janover, Liquid Motion, "Understanding Sequential Connection in your floor work" (All Levels)	Mary Caryl "Splits, Extensions and Pointed Toes" (All Levels)
<b>6pm</b>	Nadia Sharif "Drops!" (Int-Adv)	Marlo Fisken, Pole Flow® (All Levels)	Shania Cruea "More Than Just Tricks" (Int-Adv)	Elizabeth Carmine Black "Sensual Flow" (All Levels)	Vertical Joes "Sip and Stroke" (All Levels) Ladies Only 18+
<b>end 730pm</b>					

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<b>Sunday</b>	<b>Pole Room 1</b>	<b>Pole Room 2</b>	<b>Pole Room 3</b>	<b>Non Pole Room</b>	<b>Non Pole Room 2</b>
<b>9am</b>	Michelle Natoli "Turn Me On, Get Me Off" (Int)	Nicole the Pole "Inversions University " (Int)	Natasha Wang "Just Wang It: Signature Pole Tricks Int-Adv" (Int-Adv)	Gemma Lux, "Get Grounded" (All Levels)	Karol Helms "Sexy Slinky Chair" (All Levels)
<b>1030am</b>	Ken Kao "Easy Can Look Hard" (Int)	Anna Kia "Exotic Power Pole" (All Levels)	Fab Pole (Int)	Rafaela Montaro, "Floor Work: Strong & Sexy" (All Levels)	Takelia Fox "Bottoms Up Twerkshop" (All Levels)
<b>12pm end 130pm</b>	Elizabeth Carmine Black "Edgeplay, Intro to Heel Technique" (All Levels)	Zoraya Judd "Everything Handspring" (Int-Adv)	Marlo Fiskens, "Pole Flow® Rotations: the Art of Aerial Spinning on a Static Pole" (Int-Adv)	AccroBrandon "Next Level \$H!T (an Acro Dance workshop)" (All Levels)	Archer, H2O (All Levels) Starts 1215pm

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